HAVE YOU REACHED A DEAD END IN YOUR RECOVERY PROCESS? By, Judi Stradinger, Executive Director & Founder Aphasia Hope

INTRODUCTION

What do you do after your insurance runs out for speech and physical therapy? This is the question that the American Stroke Foundation (ASF) (www.americanstroke.org) is answering for people in Kansas City Metro. Stan Rose, the former owner of the *Sun Publications*, had a stroke in 1995. After his insurance ran out, there was no place to continue his rehabilitation. As a result, his wife, Shirley Rose founded the American Stroke Foundation in 1997 in Stan's honor.

Any stroke survivor can come and continue their recovery at the Activity Center free of charge! They offer many classes on aphasia, reading basics & comprehension, writing and language, math, computer, games, memory exercises, individual counseling, survivor support, activities of daily living, along with a range of movement exercises, and a special program with the recumbent bike, treadmill, and balance exercises.

It is American Stroke Foundation's hope to have these Activity Centers available in cities across the United States. However, until your area has an ASF Activity Center available, what can you do as a Stroke Survivor or a Caregiver?

I talked to Kolleen Arnold, Staff/Volunteer at the American Stroke Foundation, to learn what we might put on our site to help survivors continue to recover and help them get their life skills back. Kolleen has been facilitating classes in Aphasia, Reading, Writing, Math and Brain Therapy for (ASF) eight years. Kolleen, 44, is a stroke survivor herself. She had her stroke in 1992 at the age of 32. After her stroke she could not read, spell, or say more than three words; she also had paralysis on her right side. **Kolleen's doctors told her family that she would not walk, talk, or have a cognitive thought; but the doctors had not factored in her** *inner-you*. She began playing solitaire on her computer; she forced herself to read a seemly foreign language and taught herself how to play hearts and cribbage. Eventually she went back to college, using services for the disabled, and was able to graduate *cum laude* with an Associates of Science degree.

All you need to do is to turn on your computer, and a whole new world will be open to you! You have just touched the "tip of the iceberg" as to materials that are available on the Internet. Begin by typing in "free Worksheets" in a search engine like Google or Yahoo. Most of these worksheets can be printed off of the Internet, but some have a fee. You can customize the material to meet your needs. If you do not have a computer, find someone who can print the worksheets for you or go to the public library and use their computers.

To quote the tag line on Aphasia Hope's database: "Inside we're still the same, we just have to find a new window to the World". The survivor's window is his/her computer

You will be surprised at the many "Free" worksheets that you can get from the internet. However, one of the hardest "hurdles" for some stroke survivors to get over is, you have to start out with basic skills in order to get your higher skills back. What you are doing is building new passageways around the damaged area to where your knowledge is still stored. Also, some survivors have to learn to use their "new" hand. In order to do that, they will need to copy the ABC's and write the numbers in order to use their less dominate side. You can even do dot-to-dot, mazes, outlining and coloring. The survivor must not think that this is belittling their intelligence, but he/she needs to know that these exercises are essential to rebuilding their skills again. These exercises help you to awaken your brain!

The first thing that you need to do is "allow" yourself to make mistakes. Do not give up - be persistent and be able to laugh at yourself! Get your family or friends to play cards and board games. By yourself you can improve your concentration and comprehension by playing solitaire, backgammon, chess, etc. Watch

"Wheel of Fortune" and "Jeopardy" each day. Re-involve yourself with community, go out to eat, see a movie, and/or attend church activities. As one of my husband's speech pathologist told him: "John Stradinger, you are not dead; you have had a stroke, now you need to get up and get on with your life!"

There is no "magic pill" to help you get better. If you want to get better, <u>YOU</u> have to do hard work. <u>No one else can do it!</u> If you are fortunate enough to have a caregiver; he/she will help by pushing you to do the things that are hard.

If you are looking for software, go to Bungalow (<u>www.bungalowsoftware.com/</u> which <u>specializes in speech and language software for aphasia and brain injury survivors</u>. To begin, order the *Bungalow Sampler Disk*, Item number BSCD for \$9.50. This disk has programs on these subjects: Word-Retrieval/Aphasia, Speech Production, Reading Comprehension, Cognitive ("thinking") Exercises, and Auditory Comprehension.

Aside from the computer, there are workbooks. Some of the best workbooks come from Remedial Publications, Inc. (www.rempub.com/stores). Their series on Essential vocabulary: Supermarket Words, Restaurant Words, Department Store Words, Computer Words, and Survival Words are especially good. They also have different Life Skills workbooks on Critical thinking and understanding. In the math section they have Money Sense and Checkbook Math." Each begins simply, but helps you to use that skill again!

Before beginning your journey of building new passageways, you will need to have an eye exam if the stroke survivor hasn't already. Also, be pre-warned, this will be a hard journey; but keep trying even though it is hard on both the Survivor and the Caregiver. If one thing is too frustrating, then the survivor can switch to another method, later go back and try again. Also, keep a progress chart. This will encourage you as you proceed in your recovery process. (A chart will be included at the end of this report).

NOW, let's begin our Journey to where our knowledge is still stored!

After each step, companies listed in red have been found useful by the American Stroke Foundation. Their websites and addresses will be listed in the Resources section.

RECEPTIVE APHASIA

- I. Let's see what the stroke survivor understands.
 - A. Auditory direction: 1st demonstrate then let them repeat. (Bungalow)
 - 1. One step: Ex.: Make a fist
 - 2. Two step: Ex.: make a fist and touch your nose
 - 3. Three step: Ex.: make a fist, point to the ceiling and touch your nose
 - 4. Now: change the order and speed up the directions
 - B. Auditory Yes/No question comprehension (Bungalow)

(Read the questions aloud and instruct the person to answer "Yes" or "No")

- 1. Level 1: Observation (Ex.: Are you awake?)
- 2. Level 2: Comprehension (Ex: Does ice cream melt?)
- 3. Level 3: Cause & Effect (Ex: Can you blow out a burning candle?)
- 4. Level 4: Analogies (Ex: Can you sleep standing on your head?)
- C. Listening Comprehension (Bungalow and Remedia)
 - 1. Listen to story
 - 2. Then do worksheet on the story
- D. Picture Identification (clip art or design one according to their interests) –(Bungalow)
 - 1. Caregiver: Say what you want them to identify
 - 2. Survivor: Points to the correct picture
 - 3. Sequencing cards: (3, 4 & 5 scenes)
 - a. Use it to tell a story
 - b. Have stroke survivor put it in that order

EXPRESSIVE APHASIA

(Suggestion: To begin you might let them sing their words---some aphasics can sing when they have trouble verbalizing. Try letting them practice saying the Lord's Prayer or other prayers, songs, or poems that had they memorized as a young child.)

- II. Expressive aphasia (Bungalow)
 - A. Sound Practice -
 - 1. Oral Motor Exercises (15 exercises to practice in front of mirror)
 - 2. /b/ Say the word and sentences aloud

Ex: (Beginning) **B**ail (Middle) a**bb**ey (End) tu**b**

(Suggestion: If the Survivor acts tired, change what you are doing. If the stroke survivor still seems tired, stop the practice. Remember: A stroke patient does not have much **Reserve Energy**. It must be built back up to have the "normal" reserve to draw from in order for them to be able to perform. When they are <u>tired</u>, they are <u>tired!</u>)

B. Cognitive and Expressive (Use this same material, but let the Survivor tell the story)

- 1. Picture Identification (clip art or design one according to their interests
 - a. Caregiver: Say what you want them to identify
 - b. Survivor: Points to the correct picture.
 - 2. Sequencing cards (3, 4, or 5 scenes) Use it to tell a story or just to practice (*Frank Schaffer Publications & Fun Logic*)
 - a. Have the stroke survivor in order
 - b. Have the stroke survivor tell you a story
- C. Printable books:- (Learning Page, Reading a z, Learning Horizons)
- D. Communication book
 - 1. Made for each Survivor according to their basic needs and interests
 - 2. Use pictures (all the family, cane, doctor, emergency 911, food, friends, glasses, hospital, minister, phone, walker, wheelchair *to mention a few*)

READING

Suggestion: Read 3 hours each day---even if it does not make sense. Go to library and choose (large print) books (types you enjoyed before your stroke: mystery, biography, etc.) Also, let the Survivor use a bookmark as a guide to help them stay on the right line

- III. Reading Comprehension (Bungalow & Remedia)
 - A. Picture/word match
 - B. When reading things to consider:
 - 1. Single syllables to multisyllables
 - 2. One paragraph to multiparagraphs
 - 3. Print size
 - C. You can work with (Bungalow & Remedia)
 - 1. The Newspaper read the story, and determine the 5 W's
 - a. What
 - b. Who
 - c. When
 - d. Where
 - e. Why
 - 2. Labels and packages (REM # 430)
 - 3. Ads and coupons (REM # 431)
 - 4. Directory and Guides (REM # 432)
 - 5. Catalogs (REM # 433)
 - 6. Filling out Forms (REM # 435)
 - 7. Books (start basic and build up)
 - D. Listening Comprehension (Bungalow & Remedia)
 - 1. Listen to story
 - 2. Do worksheet on the story

E. Vocabulary (Remedia & Worksheet Factor	ory)
1. Level I	
a. Supermarket Words	(REM # 431A)
b. Restaurant Words	(REM # 931B)
c. Department Store Words	(REM # 931C)
d. Computer Words	(REM # 979A)
e. Survival Words	(REM # 910)
2. Level II	
a. Consumer Words	(REM # 930A)
b. Work Place Words	(REM # 930B)
c. Independent Living Words	(REM # 930D)
d. Personal Care Words	(REM # 930E)
3. Level III – Material found in our G	
a. Beef up your vocabulary	•
1. Most used words	
2. Parts of speech	
-	ng at the definitions of these words
F. Spelling	
1. Alphabetizing	
2. Missing letters	
a. Level one – one symbol	
Ex: _un (sun, pun, fun, 1	nun, run)
Ex: br_dge (bridge)	
b. Level two – multi-symbols	
Ex: r_qr_ (require)	
3. Missing words – compound words	
Ex: High (highway)	
4. Framework	
Ex: hope, stroke	
	h
	stroke
	p
	e
5. Word Jumble	
Ex: petrahy (therapy)	
6. Word search	
7. Word shape	
Ex: ice, him	
i c e	h i m
CRITICAL THINK	KING SKILLS

- IV. Critical Thinking skills (*Remedia*)
 - A. Finding Facts (REM # 202C)
 - B. Making Decisions (REM # 204B)
 - C. Comprehension skills with a mental workout
 - 1. Comparing
 - 2. Fact & Opinion (REM # 4002)
 - 3. Finding the main idea (REM # 484)
 - 4. Locating Information (REM # 4001)
 - 5. Making Inferences (REM # 4003)
 - 6. Reading for Details (REM # 489B)
 - D. Brain Teasers Exercise your brain in other areas
 - 1. Alphabet soup
 - 2. Analogies (Ex: Hot is to cold as fire is to ice.) (REM # 201A)
 - 3. Crossword puzzles
 - 4. Dot to Dot very basic
 - 5. Magic squares
 - 6. Mazes
 - 7. Workbooks Thematic Unit- Educational Worksheets over 20 pages www.schoolexpress.com
 - 8. Word Searches

WRITING

V. Writing

- A. Practice writing upper and lower case of the Alphabet
- B. Then say or sing the alphabet orally
- C. Then write the months, days of the week repeat orally
- D. Practice writing your name (Print and cursive)
 - 1. Print out on the computer just the outline of letters in gray and let Survivor copy their signature
 - 2. Handwriting practice books Learning Horizon
- E. Creative writing
 - 1. Autobiography
 - 2. Story Prompts Getting your creative writing ability back (Ex: "How would spend a windfall of a million dollars
 - 3. Journalizing start keeping a diary of your life

MATH

VI. Finding your numbers again

- A. Flash cards They are everywhere
- B. Workbooks Time Math Drills (*Remedia*)
 - 1. Addition (**REM** #501)
 - 2. Subtraction (REM # 502)
 - 3. Multiplication (REM #503)
 - 4. Division (REM #504)

- C. Money Math you can use
 - 1. Math in the Mall (REM # 598A)
 - 2. Math at Home (**REM** # 598B)
 - 3. Best Buys (REM # 598 D)
 - 4. Money Sense (REM # 598 E)
 - 5. Department Store Math (REM # 161D)
 - 6. Checkbook Math (REM # 524)
 - 7. Money Skills Carson-Dellosa "Stick Out Your Neck" series
- D. Word problems: practicing and applying mathematical skills (*Dandy Lion Publications*)
- E. Worksheets you can design www.worksheetfactory.com
 - 1. Addition
 - 2. Subtraction
 - 3. Division
 - 4. Multiplication
 - 5. Fraction
 - 6. Percents
 - 7. Conversions
 - 8. Number patterns
 - 9. Ordering numbers
 - 10. Comparing numbers
 - 11. Polygons
 - 12. Measuring
 - 13. Algebra

RESOURCE SECTION

Here are some of the web sites where Kolleen has been able to find material for the classes at American Stroke Foundation.(Some of these sites have "e worksheets" which you can use on the Internet.)

Bungalow Software

www.bungalowsoftware.com

2905 Wakefield Dr.

Blacksburg, VA 24060-8184

1-540-951-0623

Dandy Lion Publications
www.dandylionbooks.com
PO Box 190
San Luis Obispo, CA 93406
1-800-998-2208

Remedia Publications

www.rempub.com

15887 North 76th Street, Suite 120

Scottsdale, Az 85260

1-800-826-4740

1-480-661-9900

Worksheet Factories

www.schoolhousetech.com

www.worksheetfactory.com

Schoolhouse Technologies Inc.

P.O. Box 34069

Dept 110

Seattle, WA

USA 98124-1069

1-708-575-3167

Web Sites with worksheets or printable books

Note: 1. Some websites are free, but have nominal cost

- 2. The worksheet go from very basic to advanced
- 3. Some sites have books available in Spanish & French.

The following websites that American Stroke Foundation has found useful have been rated as following:

- * Very basic or not education
- ** Good, but limited subjects
- *** Very good, but tricky web site
- **** Very good and to use web site

****www.abcteach.com

Over 5000 free worksheets

Newsletter: yes

Membership Fee: \$25.00 Free Worksheets: yes

*www.beginningreading.com

Very basic

Membership Fee: free Free Worksheets: yes

***<u>www.bungalowsoftware.com</u>

This offers you practice to recover speech, reading, writing, and cognitive

skills for stroke survivors.

Newsletter: yes

Membership Fee: free

Free Worksheets: yes (on trial basis)

***www.busyteacherscafe.com

Very broad in subjects Membership Fee: free Free Worksheets: yes

**** www.edhelper.com

Very broad in subjects

Newsletter: yes

Membership Fee: \$19.99 - \$39.98

Free Worksheets: yes

****www.enchantedlearning.com

Over 15,000 pages of activities for all levels Monthly Activity Calendar that has a printable worksheets for everyday.

Newsletter: yes

Optional Membership Fee: \$20.00

Free Worksheets: yes

***www.flashcardexchange.com

1,716,793 Flashcards from $K-12^{th}$ grade

Membership Fee: free Free Worksheets: yes

*www.theideabox.com

For fun & crafts only

Newsletter: yes

Membership Fee: free Free Worksheets: yes

****<u>www.learningpage.com</u>

Free printable books in English and Spanish

Newsletter: yes

Membership Fee: free Free Worksheets: yes

The Learning Page 1630 E River Rd

Suite 121 **Tucson**, AZ 85718

****www.mrsalphabet.com

Have some games Newsletter: yes

Membership Fee: free Free Worksheets: yes

***www.readinga-z.com

1300 of printable books in English,

Spanish & French Newsletter: yes

Membership Fee: \$29.95 - \$74.95

Free Worksheets: yes

***www.rhlschool.com

Worksheets for K – adult level

Membership Fee: free Free Worksheets: yes

****www.schoolexpress.com

6600 free worksheets 900 educational links

Newsletter: yes

Membership Fee: free Free Worksheets: yes

***www.teachervision.fen.com

Over 6000 resources

Newsletter: yes

Membership Fee: \$29.95 Free Worksheets: yes

****www.teach-nology.com

FREE 6,000+ printable worksheets

on many subjects Newsletter: yes

Membership Fee: \$14.99 - \$79.98

Free Worksheets: yes

***<u>www.tlsbooks.com/kidspagearchive.htm</u>

Hundreds of free worksheets on many,

many subjects

Membership Fee: free Free Worksheets: yes

Other Websites that Kolleen quickly reviewed

**www.aaamath.com

Computer worksheets
Membership Fee: none
Free Worksheets: no

**www.aplusmath.com

Computer worksheets & games

Membership Fee: free Free Worksheets: yes

**www.eduplace.com

Computer games

Membership Fee: free Free Worksheets: yes

**www.poetryteachers.com

Fun – feeling releaser
Good reading site
Membership Fee: free

Free Worksheets: no

<u>File Folders</u> Games – one player games on reading, math, visual discrimination

1. Stick Our Your Neck Series (black & white) –

around \$20.00 a book

Reading, Spelling& Math

Carson-Dellosa Publishing Co, Inc

Greensboro, NC 27425

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2. Free:

www.preschoolprintables.com

(already colored or black white)

www.enchantedlearning.com/filefoldergames/ (already colored or black white)

www.sitesforteachers.com/index/html

Has over 900 educational links that might help you regain your skills in order to live the quality of life that you want and deserve to have again.

Books that American Stroke Foundation Finds Useful:

www.learninghorizons.com

Over 145 workbooks

Pre-school skills, math, language arts, science, social studies

www.newreadexpress.com

New Readers Press - material for Adult and young Adult Education www.brightapples.com

Bright Apples – designed to improve your basic skills - 800-728-9783 www.schoolzone.com

Preschool – 6th grades workbooks – great prices!

Preschool section has books on the basics thinking skills: visual discrimination, colors, shapes, and letters, following directions.

<u>Thinking Skills – A get ready! Book</u> by Joan Hoffman has visual discrimination, sequential, picture analogies, and deductive thinking.

www.ChildrensSpecialty.com

School Specialty Children's Publishing 8720 Orion Place Columbus, Ohio 43240-2111

<u>The Complete Book of Maps & Geography</u> – ISBN 1-56189-503-2 (\$14.95) – 352 pgs *Has easy to understand instructions*. School Specialty Children's Publishing Limited permission to reproduce for a classroom

<u>The Complete Book of Science</u> – ISBN 1-56189-502-4 (\$14.95) – 352 pgs *Learn the processes of observation, prediction, experimentation, and drawing conclusions.*School Specialty Children's Publishing

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<u>The Complete Book of Time & Money</u> – ISBN – 1-56189-500-8 (\$14.95) – 352 pgs *Very basic*.

School Specialty Children's Publishing

Limited permission to reproduce for a classroom

<u>Comprehensive Curriculum of Basic Skill Grade K</u> - ISBN 1-56189-367-6 – (\$19.95) – 543 pgs *Basics concepts & skills, reading readiness ,mathematics, time & money, pattern are covered in this book.*

School Specialty Children's Publishing

Limited permission to reproduce for a classroom

<u>Comprehensive Curriculum of Basic Skill Grade 1</u> - ISBN 1-56189-368-4 – (\$19.95) – 544 pgs *Reading & reading comprehension, English, spelling, & mathematics are covered in this book.*

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<u>Comprehensive Curriculum of Basic Skill Grade 1</u> - ISBN 1-56189-369-2 – (\$19.95) – 544 pgs *Reading & reading comprehension, English, spelling, & mathematics are covered in this book.* School Specialty Children's Publishing Limited permission to reproduce for a classroom

Brighter Child - <u>Daily Learning Drills Grade 2</u> – ISBN 0-7696-3092-8 – (\$10.95) – 412 pgs Language arts, math, science, and social studies are covered in this book. School Specialty Children's Publishing 8720 Orion Place Columbus, Ohio 43240-2111

www.MHkids.com

McGraw-Hill Children's Publishing 8787 Orion Place Columbus, OH 4320-4207

<u>The Complete Book of American Facts & Games</u> – ISBN – 1-56189-208-4 – (\$14.95) – 352 pgs

Has one page of text on a topic, then one page of activity.

<u>The Complete Book of Brain Teasers</u> – ISBN 1-56189-548-2 – (\$14.95) – 351 pgs *Challenging and motivating activities that use critical-thinking and problem-solving skills.* McGraw-Hill Children's Publishing

<u>The Complete Book of United States History</u> – ISBN 1-56189-679-9 – (\$14.95) – 352 pgs Has two – fives of text on a topic, then an activity. Topics cover early 1500 a.d. – present. McGraw-Hill Children's Publishing

<u>The Complete Book of Phonics</u> – ISBN 1-56189-207-6 – (\$14.95) – 352 pgs *Very good beginning book for aphasiacs*. McGraw-Hill Children's Publishing

Brighter Child - <u>Daily Learning Drills Grade 4</u> – ISBN 0-7696-3094-4 – (\$10.95) – 412 pgs *Language arts, math, science, and social studies are covered in this book.* McGraw-Hill Children's Publishing

<u>Test Prep Plus</u> Grades 1-5 – ISBN 1-56189-751-5 – (\$8.95) – 160 pgs Develop test-taking skills for reading, math and language arts. Book is done in test format. McGraw-Hill Children's Publishing

<u>Test Prep Plus</u> Grade 4 – ISBN 1-56189-754-X – (\$8.95) – 157 pgs

Develop test-taking skills for reading, math and language. Book is done in test format. McGraw-Hill Children's Publishing

<u>Test Prep Plus</u> Grade 7 – ISBN 1-56189-757-4 – (\$8.95) – 153 pgs Develop test-taking skills for reading, math and language. Book is done in test format. McGraw-Hill Children's Publishing

<u>Test Prep Plus</u> Grade 7 – ISBN 1-56189-752-3 – (\$8.95) – 153 pgs Develop test-taking skills for reading, math and language. Book is done in test format. McGraw-Hill Children's Publishing

Also you can go to your local Teacher Supply store and select books on Reading, Math, Science, Language, Social Studies and Spelling that might be useful.

www.pilbooks.com

Publications International, Ltd 7373 N. Cicero Ave. Lincolnwood, IL 60712 800-745-9299

Crossword Puzzle: Paradise Press Inc.

- Leisure
 1575 North park # 100
- 2. Movie Trivia Weston, FL 33326
- 3. T V Trivia
- 4. Big Print
- 5. Crossword Digest

Brain Puzzlers: Linqui Systems – Processing Information

3100 4th Ave.

East Moline, IL 61244

1-800-Pro-Idea

GLOSSARY SECTION These words make about 50% of written text. The part of speech and definitions will be added later

a	bring	fast	hold	might	pick	soon	two	write
about	brown	few	hot	more	place	sound	under	year
after	but	find	how	most	play	start	up	years
again	buy	first	hurt	Mr.	please	still	upon	yellow
against	by	five	I	Mrs.	pretty	stop	us	yes
all	call	fly	if	much	pull	such	use	you
also	called	following	in	must	put	take	use	your
always	came	for	into	my	ran	tell	very	
am	can	form	is	myself	read	ten	walk	
American	carry	from	it	name	red	than	want	
an	clean	full	its	never	ride	thank	warm	
and	cold	funny	jump	new	right	that	was	
another	come	gave	just	night	round	the	wash	
any	could	get	keep	no	run	their	water	
are	course	give	kind	not	said	them	way	
around	cut	go	know	nothing	same	then	we	
as	day	goes	last	now	saw	there	well	
ask	did	going	laugh	number	say	these	went	
at	do	good	let	of	school	they	were	
ate	does	got	life	off	see	thing	what	
away	don't	great	light	oil	sentence	things	when	
back	done	green	like	old	set	think	where	
be	don't	grow	line	on	seven	this	where	
because	down	had	little	once	shall	those	which	
been	draw	had	live	one	she	though	while	
before	drink	has	long	only	should	thought	white	
being	each	have	look	open	show	three	who	
best	eat	have	made	or	since	through	why	
better	eight	he	make	other	sing	time	will	
between	end	help	man	our	sit	to	wish	
big	enough	her	many	out	six	today	with	
black	even	here	may	over	sleep	together	words	
blue	every	high	me	own	small	told	work	
both	fall	him	means	part	so	too	would	
boy	far	his	men	people	some	try	write	

Progress Report Name:	Date							
Receptive Aphasia - Following Directions :								
One Step (Time)								
Two Steps (Time)								
Three Steps (Time)								
Auditory Yes & No Questions:								
Level 1 (% correct)								
Level 2 (% correct)								
Level 3 (% correct)								
Level 4 (% correct)								
Listening Comprehension (% correct)								
Picture Identification (% correct)								
Sequencing (% correct)								
Expressive Aphasia:								
Sound Practice (% correct)								
Sequencing (% correct)								
Reads days of the week (% correct)								
Reads months of the year (% correct)								
Picture/Word Matching (% correct)								
Reading Comprehension:								
Story 1 – Worksheet - (% correct)								
Story 2 – Worksheet - (% correct)								
Story 3 – Worksheet - (% correct)								
Newspaper: Determine the 5 W's (What, When, Where, Who, Why) (% correct)								
Labels & packages (% correct)								
Ads & Coupons (% correct)								
Directory & Guides (% correct)								
Catalogs (% correct)								
Filling out forms (% correct)								
Books (Pages Read & Time)								
Vocabulary:								
Level 1 (% correct)								
Level 2 (% correct)								
Level 3 (% correct)								

	Date							
Spelling:								
Alphabetizing (% correct)								
Missing Letters (% correct)								
Missing Words (% correct)								
Framework (% correct)								
Words Jumble (% correct)								
Words Shape (% correct)								
Word Search (% correct)								
Critical Thinking Skills:								
(You can do these skills with materials you already have)								
Finding Facts (% correct)								
Making Decisions (% correct)								
Comprehension Skills (% correct)								
Comparing (% correct)								
Fact & Opinion (% correct)								
Finding the Main Idea (% correct)								
Locating Information (% correct)								
Reading for Details (% correct)								
Brain Teasers:								
Puzzle 1 (% correct)								
Puzzle 2 (% correct)								
Puzzle 3 (% correct)								
Math:								
Addition (% correct)								
Subtraction (% correct)								
Multiplying (% correct)								
Division (% correct)								
Other Arithmetic: fractions, percents, measuring, etc								
Writing:								
Practice the basics (Readable)								
Creative writing (Fluent)								
Miscellaneous:								
Recognizes a numbers pattern (% correct)								
Identifies money values (% correct)								
Tells time (% correct)								

Other Activities:	Date							
(% correct)								
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